



Incredible Years Parenting Programme



Pūtangitangi Greenmeadows Centre, Main Road Stoke, Stoke, Nelson



Wednesday 12 March -
Wednesday 25 June 2025

Held every Wednesday.

A two-week break occurs during school holidays - 16th and 23rd April 2025.

6.00pm - 8:30pm

This course is suitable for parents/carers of children aged three-to-eight years.

Incredible Years is a free 14-week programme for parents and caregivers of children aged three-to-eight years old, to grow their positive parenting skills.

It provides practical help and support focused on:

- enhancing children's social skills
- child-led play
- using praise and enhancing positive behaviours
- establishing routines
- setting clear rules and boundaries.

The purpose of this course is to resource parents and caregivers with tools to understand their children's behaviour and development, promote positive parenting and healthy communication within the family.

If transport or childcare is a barrier, please let us know as we may be able to help with this.

If you would like any more information please contact Barnardos.



1/186 Queen Street, Richmond, Nelson



nelson@barnardos.org.nz



barnardos.org.nz



03 539 0019



Kia eke ai te hunga taitamariki ki ngā rangi tūhāhā



Need help with Parenting?

Join a FREE parenting course Barnardos Nelson have coming up:

- Incredible Years Programme
- Parenting Today's Kids
- Parenting Children with ADHD
- Parenting Through Separation
- Dads Parenting Programmes

We also offer one-on-one social work support

Please contact us for more information or to enrol

Phone: 03 539 0019

Email: Nelson@Barnardos.org.nz

Piano and Violin lessons in Motueka

Suzuki method music lessons for complete beginners aged 3 yrs+ with a parent/support person

www.katiesuzukimusic.com/

Do a 1-week-free website registration so you can book a free chat to meet me



- Child-friendly lessons
- Children learn by ear then learn to read music
- Flexible lesson booking
- Pre-recorded videos on the website to use between lessons



Katie Dey
Qualified Suzuki
method teacher



W WAIMEA SWIMMING CLUB

SUMMER Swimming

on now

Waimea swim club has begun summer swimming. If you have a child who is able to swim 34m freestyle and back stroke who is keen to join a great club then get in contact with us.

By joining the club you will have the opportunity to join in for ribbon carnivals and lots of fun!

waimeapresident@gmail.com



OPEN DAY
MARCH 2

Kids Suitcase Market

WILLOW BANK
HERITAGE VILLAGE

1KM SOUTH OF WAKEFIELD
WAKEFIELD N.Z.

ENTRY FEE:
\$7 PER ADULT (AGES 18+)
\$3 PER CHILD

WILLOW BANK HERITAGE VILLAGE IS A FUN AND INTERACTIVE LIVING MUSEUM 1KM SOUTH OF WAKEFIELD, NELSON. WE HAVE 20+ SHOP DISPLAYS FOR YOU TO EXPLORE, FOOD AND DRINK AND LOTS MORE.

SUNDAY 10AM - 3PM
MARCH 2

1970'S MILK BAR / VICTORIAN STYLE CAFE / SECRET GARDEN
1950S BURGER BAR / LAUNDRY / DRESS SHOP / PUPPET THEATRE
CHILDREN'S SUITCASE MARKET / WORKING BAKELITE PHONES
PLAYHOUSE / LIBRARY / DOLL MUSEUM / SCHOOL HOUSE
GROCERY STORE / CINEMA / BARTER · SELL MARKET · MORE

info@willowbankwakefield.co.nz @willowbankheritagevillage

AVAILABLE FOR GROUP BOOKINGS
WWW.WILLOWBANKWAKEFIELD.CO.NZ

79 WAKEFIELD-KOHATU HIGHWAY, WAKEFIELD

WILLOW BANK
HERITAGE VILLAGE

SET UP A MARKET STALL AT OUR

CHILDRENS SUITCASE MARKET

SUN MARCH 2ND
10 AM - 3PM

No need to book. Bring your good for sale, stay as long as you like. Willow Bank is 1.5km south of Wakefield, on the left. Tables and chairs are available. Limited shade available.
1 FREE ICE CREAM FOR ALL STALLHOLDERS.

Find out more at www.willowbankwakefield.co.nz or follow us on facebook.com/willowbankheritagevillage

Tasman Hockey Club are recruiting for Junior and Senior Players!

Tasman Hockey Club welcome the opportunity to discuss playing hockey for the 2025 season for both new and experienced players

Why Hockey?

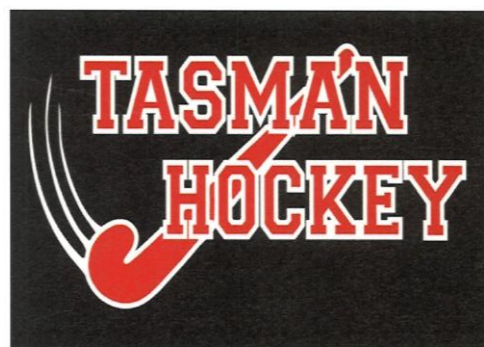
Hockey is not just a sport; it's a lesson in teamwork, leadership, and cooperation. Playing on a team teaches valuable life skills, including effective communication, collaboration, and the ability to work towards a common goal.

Hockey is great for fitness, it's fast and exciting and caters for all ages, sizes, and genders.

Tasman Hockey have opportunities for Men, Women and children of all ages; and we are particularly looking for Goalkeepers, a specialised position, and arguably the most important position on the hockey field! A good Goalkeeper can win you games!

If you, or your children are looking for an opportunity to play hockey, please contact us for a chat and any information:

Bridget Lash 027-3708570
Rosey Wilson 027-2460554



Tasman Hockey Senior Trials:

Sunday 9th March 2025 5PM
Sunday 16th March 2025 5PM

Tasman Junior Hockey:

Monday 31st March 2025 5PM
Nelson Hockey Turf – Saxton Field
ALL WELCOME

MUDDY BUDDY
Adventure Fun Run

SUNDAY 23 MARCH 2025 



FOOD | COFFEE | SILENT AUCTION | WHITE ELEPHANT STALL & MORE!

GREAT SPOT PRIZES! Incl. 2 BIKES from MY RIDE RICHMOND

PRIZES FOR THE BEST ECO DRESS-UP!

EARLYBIRD/ ONLINE | \$20 per person | \$50 family
 ENTER ON THE DAY | \$25 per person | \$55 family
 SIGN IN 9.30-11am | RACE STARTS 11.30am

EACH LAP APPROX 1KM | 1 LAP - Kids, Family Fun, Open | 2 LAPS - Open | 3 LAPS - Open

www.tasman.school.nz



PRETTYSMART
quality second hand clothing sale

The next

Pretty Smart Sale

Pre-loved clothing for adults, children and babies

Sat+Sun 22+23 March

9.00am - 2.00pm

Hope Recreation Hall

\$2 Entry per family **Cash Sales Only**




CHILL WITH US

Messy Church

FRIDAY
28 FEBRUARY
5-7PM

JOIN US FOR FREE DINNER,
CRAFTS
AND ACTIVITIES

*ALL AGES WELCOME *CHILDREN
MUST BE SUPERVISED

ST PAUL'S CHURCH HALL
68 WAIMEA ROAD WEST
BRIGHTWATER

 **Brightwater**
ANGELICAN CHURCHES